# JOURNEYMAN STUDY GUIDE HVAC REFRIGERATOR

YEARS

250 EXAM PREP QUESTIONS, WITH EXPLAINED ANSWERS



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JourneymanStudyGuide.com

UNITY CREST SOLUTIONS INC.

#### Who Is Journeyman Study Guide For?

Welcome to *Journeyman Study Guide*—your key to unlocking success in your trade, earning the recognition you deserve, and building a solid career in America. Whether you're an apprentice just starting out, a seasoned professional, or someone new to the country and adjusting to U.S. trade standards, this guide is designed to complement your learning and support you along the way. While it provides valuable insights and resources, it's not a substitute for official materials required for certification.

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- 3. *Instructors*: Need reliable teaching tools? Our question banks and online tests are great for guiding your students through trade concepts and preparing them for certification.
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Jessica Taylor, Apprentice Ironworker

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Carlos Ramirez, Electrician, originally from Mexico

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- 1. It's not easy: Becoming a certified journeyman requires hard work, patience, and a real dedication to learning. This guide will help you navigate the complexity, but the journey itself requires you to commit to the process. At the end, you'll not only have earned your certification but also be in a stronger position for long-term success in your career.
- 2. You will need to put in effort: Our practice tests, questions, and explanations are incredibly useful, but they can only get you so far without your own effort. You need to engage with the material and be prepared to revisit concepts to fully understand them. This preparation will also help you manage test anxiety and give you the tools to stay focused and confident when exam day comes.
- 3. It's hands-on: While this guide provides the foundational knowledge and key concepts, your true growth comes from hands-on experience in the trade. This guide is designed to complement that experience and help you feel more prepared on the job. By understanding the 'why' behind the work, you'll find yourself better equipped for both the exam and your everyday trade responsibilities.

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# Year 3: Advanced HVAC Refrigeration Techniques

#### **Subject 3. Controls and Automation**

# 1. What does PLC stand for in HVAC systems?

- a) Power Line Controller
- b) Programmable Logic Controller
- c) Programmable Load Controller
- d) Performance Logic Circuit

#### **Correct Answer: b) Programmable Logic Controller**

**Explanation:** A PLC, or Programmable Logic Controller, is an industrial digital computer used for automation of electromechanical processes in HVAC systems. It monitors inputs, makes decisions based on its programmed logic, and controls outputs to automate system operations, enhancing efficiency, reliability, and performance in refrigeration applications.

# 2. What is a key benefit of automation?

- a) Reduced energy consumption
- b) More frequent maintenance
- c) Increased manual labor
- d) Higher operational costs

# Correct Answer: a) Reduced energy consumption

**Explanation:** Automation optimizes HVAC system performance by accurately controlling temperature and humidity, leading to reduced energy consumption. Automated systems can adjust settings based on real-time data, minimizing waste and improving efficiency, which is vital for commercial refrigeration systems that operate continuously.

# 3. Which protocol is commonly used in BAS?

- a) HTTP
- b) BACnet
- c) FTP
- d) SMTP

# **Correct Answer: b) BACnet**

**Explanation:** BACnet (Building Automation and Control Network) is a communication protocol specifically designed for building automation systems, including HVAC. It enables different devices and systems to interoperate, allowing for efficient monitoring and control of refrigeration systems within a building, enhancing overall energy management and user comfort.



# 4. What is remote monitoring in HVAC?

- a) Offsite data access
- b) Local control only
- c) Manual data logging
- d) Limited functionality

Correct Answer: a) Offsite data access

**Explanation:** Remote monitoring in HVAC systems allows operators to access system data from offsite locations using the internet or dedicated networks. This capability enables real-time performance tracking, alerts for system anomalies, and allows for timely interventions without needing to be physically present, greatly enhancing operational efficiency and response times.

#### 5. What does a PID controller do?

- a) Increases energy use
- b) Maintains temperature stability
- c) Reduces system efficiency
- d) Eliminates sensor needs

**Correct Answer: b) Maintains temperature stability** 

**Explanation:** A PID (Proportional-Integral-Derivative) controller is essential in HVAC systems to maintain temperature stability by continuously calculating an error value as the difference between a desired setpoint and a measured process variable. It applies correction based on proportional, integral, and derivative terms, ensuring smooth and precise control of refrigeration processes.

## 6. Why use variable speed drives?

- a) Energy efficiency improvement
- b) Constant speed operation
- c) Increased wear on components
- d) Higher operational costs

**Correct Answer: a) Energy efficiency improvement** 

**Explanation:** Variable speed drives (VSDs) adjust the motor speed of HVAC systems according to load requirements, leading to significant energy savings. By optimizing performance and reducing unnecessary power consumption, VSDs enhance the overall efficiency of refrigeration systems, consequently lowering operational costs and extending equipment lifespan.



# 7. What is the purpose of an HVAC chiller?

- a) Cooling process
- b) Humidity control
- c) Air purification
- d) Heat generation

**Correct Answer: a) Cooling process** 

**Explanation:** An HVAC chiller is designed to remove heat from a liquid through a vapor-compression or absorption refrigeration cycle. The chilled liquid is circulated through cooling coils in various applications, providing effective cooling for air conditioning and refrigeration systems, thereby maintaining comfortable temperatures in buildings and ensuring product preservation.

# 8. Which component is crucial for system diagnostics?

- a) Pressure gauge
- b) Flow meter
- c) Control panel
- d) Thermostat

Correct Answer: c) Control panel

**Explanation:** The control panel is a critical component in HVAC systems for diagnostics and monitoring. It displays system status, alarms, and operational data, aiding technicians in identifying issues quickly. By providing insights into the system's performance, it facilitates timely maintenance and adjustments, ensuring optimal operation of refrigeration systems.

#### 9. What does DDC stand for in HVAC?

- a) Digital Data Communication
- b) Dynamic Device Configuration
- c) Direct Digital Control
- d) Distributed Data Control

**Correct Answer: c) Direct Digital Control** 

**Explanation:** Direct Digital Control (DDC) refers to a control system that utilizes digital signals to regulate HVAC equipment. By employing microprocessors, DDC systems can provide precise control of temperature, humidity, and air quality, enhancing energy efficiency and system performance in HVAC refrigeration applications.



# 10. What is the function of a thermal expansion valve?

- a) Increases pressure
- b) Controls refrigerant flow
- c) Monitors humidity
- d) Reduces temperature

# Correct Answer: b) Controls refrigerant flow

**Explanation:** The thermal expansion valve (TXV) regulates the flow of refrigerant into the evaporator coil based on the cooling demand. It adjusts the amount of refrigerant entering the coil to maintain optimal pressure and temperature, ensuring efficient heat exchange and maximizing the performance of HVAC refrigeration systems.

# 11. How does an economizer improve efficiency?

- a) Reduces airflow
- b) Increases compressor load
- c) Uses outside air for cooling
- d) Recirculates hot air

Correct Answer: c) Uses outside air for cooling

**Explanation:** An economizer is a system that enhances the efficiency of HVAC by utilizing cool outside air to reduce the need for mechanical cooling. When outdoor conditions are favorable, the economizer allows for natural ventilation or free cooling, thus lowering energy consumption and operational costs in refrigeration applications.

# 12. What does the term 'setpoint' refer to?

- a) Desired operational level
- b) Maximum load
- c) Safety limit
- d) Current temperature

#### Correct Answer: a) Desired operational level

**Explanation:** The term 'setpoint' refers to the desired temperature or condition that an HVAC system aims to maintain. Operators program the setpoint into control systems, and the equipment adjusts its operation accordingly to achieve and sustain this level, ensuring optimal performance and comfort in both residential and commercial refrigeration systems.



# 13. Why implement a building automation system?

- a) Higher energy costs
- b) Increased complexity
- c) Manual controls
- d) Improved efficiency

**Correct Answer: d) Improved efficiency** 

**Explanation:** Implementing a Building Automation System (BAS) allows for centralized control of various building systems, including HVAC, lighting, security, and more. This centralization leads to improved efficiency, reduced energy consumption, and enhanced occupant comfort by optimizing the operation of HVAC systems based on real-time data and user preferences.

# 14. What role do sensors play in HVAC systems?

- a) Monitor system performance
- b) Increase energy costs
- c) Eliminate automation
- d) Reduce system reliability

Correct Answer: a) Monitor system performance

**Explanation:** Sensors are integral to HVAC systems, providing critical data regarding temperature, humidity, pressure, and airflow. They enable real-time monitoring and feedback that inform control systems about current conditions, allowing for automated adjustments to maintain optimal performance and efficiency in refrigeration applications, ultimately enhancing system reliability.

## 15. What is the primary function of HVAC ductwork?

- a) Air distribution
- b) Filtration
- c) Insulation
- d) Cooling

Correct Answer: a) Air distribution

**Explanation:** The primary function of HVAC ductwork is to distribute conditioned air throughout a building. It serves as the pathway for heated or cooled air generated by the HVAC system, ensuring even distribution to various spaces while maintaining comfort levels. Proper duct design is essential for efficient operation of HVAC refrigeration systems.



# 16. What is a hydraulic system used for?

- a) Electrical control
- b) Gas compression
- c) Fluid management
- d) Air cooling

# **Correct Answer: c) Fluid management**

**Explanation:** A hydraulic system in HVAC applications is used to manage and control the flow of fluids, such as water or refrigerants. It plays a crucial role in transferring heat and maintaining desired temperatures in refrigeration systems, ensuring effective operation of chillers, pumps, and other fluid-based components within the HVAC framework.

# 17. What is the benefit of predictive maintenance?

- a) More frequent inspections
- b) Increased system failures
- c) Reduced downtime
- d) Higher repair costs

Correct Answer: c) Reduced downtime

**Explanation:** Predictive maintenance involves using data analysis tools to predict equipment failures before they occur. This proactive approach allows for timely maintenance actions to be scheduled, reducing unplanned downtime and operational interruptions in HVAC systems. It ultimately leads to enhanced reliability and efficiency in HVAC refrigeration processes.

# 18. Which device controls supply air temperature?

- a) Air filter
- b) Pressure switch
- c) Air handler
- d) Refrigerant line

Correct Answer: c) Air handler

**Explanation:** An air handler is responsible for regulating and distributing conditioned air throughout a building. It controls the supply air temperature by mixing return air with cooled or heated air, ensuring that the desired temperature is maintained in HVAC systems. Proper functioning of the air handler is crucial for efficient refrigeration operation.



#### 19. What does 'dehumidification' refer to?

- a) Temperature rise
- b) Humidity increase
- c) Moisture removal
- d) Air filtration

# Correct Answer: c) Moisture removal

**Explanation:** Dehumidification is the process of removing moisture from the air to maintain indoor humidity levels within a comfortable range. This is particularly important in HVAC systems to prevent mold growth and ensure comfort in refrigerated environments. Effective dehumidification improves air quality and system efficiency.

# 20. What is a common refrigerant type?

- a) R-22
- b) R-90
- c) R-100
- d) R-500

Correct Answer: a) R-22

**Explanation:** R-22, also known as hydrochlorofluorocarbon (HCFC), is a common refrigerant used in many HVAC systems, particularly older units. It is known for its effective cooling properties but is being phased out due to environmental concerns. Understanding refrigerant types is crucial for HVAC technicians working in refrigeration and air conditioning fields.

# 21. What is the main purpose of insulation in ducts?

- a) Energy loss reduction
- b) Noise amplification
- c) Increased airflow
- d) Moisture retention

# Correct Answer: a) Energy loss reduction

**Explanation:** Insulation in ductwork serves to reduce energy loss during the distribution of conditioned air. Properly insulated ducts prevent heat transfer, maintaining the desired temperature of air traveling through the system. This not only enhances system efficiency but also contributes to energy savings, making it an essential component in HVAC refrigeration.



# 22. Which component ensures proper airflow in HVAC?

- a) Compressor
- b) Condenser
- c) Expansion valve
- d) Blower fan

# Correct Answer: d) Blower fan

**Explanation:** The blower fan is a critical component in HVAC systems responsible for moving air through the ductwork and ensuring proper airflow. It maintains the circulation of conditioned air, which is essential for effective heating and cooling. A well-functioning blower fan is vital for achieving optimal performance in refrigeration applications.

# 23. What is heat recovery in HVAC?

- a) Energy reuse
- b) Increased costs
- c) Equipment failure
- d) Energy waste

**Correct Answer: a) Energy reuse** 

**Explanation:** Heat recovery in HVAC systems refers to capturing and reusing waste heat generated by equipment, such as chillers and compressors, to improve overall energy efficiency. This process can significantly reduce energy consumption and operational costs in refrigeration systems by utilizing heat that would otherwise be lost, enhancing sustainability.

## 24. What is the advantage of using energy management systems?

- a) Reduced automation
- b) Increased complexity
- c) Improved energy efficiency
- d) Higher energy bills

# Correct Answer: c) Improved energy efficiency

**Explanation:** Energy management systems (EMS) provide tools and strategies for monitoring and optimizing energy use in HVAC systems. By analyzing data and adjusting operations based on real-time conditions, EMS enhance energy efficiency, leading to lower operational costs and reduced environmental impact, especially in HVAC refrigeration applications.



# 25. Which factor affects HVAC system performance?

- a) All of the above
- b) Weather changes
- c) User settings
- d) Static pressure

Correct Answer: a) All of the above

**Explanation:** Several factors, including weather changes, static pressure, and user settings, can significantly affect HVAC system performance. Variations in outdoor temperature and humidity levels impact cooling loads, while static pressure influences airflow. Additionally, user-defined settings can dictate how the system operates, making it essential for operators to monitor and adjust accordingly for optimal performance.





- 1). A B C D
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- 25). A B C D

#### **About the Creators:**

#### **Bobby Bedi:**

Bobby Bedi, co-creator of the Journeyman Study Guide, calls the Pacific Northwest home, where he has built an extensive career spanning more than two decades. His diverse background, which includes architecture, digital innovation, and industrial marketing, has given him a unique ability to bridge traditional industries with cutting-edge digital solutions. Bobby has worked across a spectrum of industries, from agile startups to publicly traded companies and educational platforms, bringing a depth of experience that has been crucial to the platform's success.

Bobby's precision and problem-solving skills, refined through his years in architecture, have seamlessly transitioned into his work in digital marketing and technology. Since 2006, Bobby has been at the forefront of digital innovation, applying his expertise to transform trade education. He has been instrumental in developing cutting-edge, user-friendly platforms that make learning accessible across the globe, combining technology with education to create impactful online experiences.

As co-creator of the platform, Bobby also plays a key role in the industrial sector, where he helps companies scale by leveraging his expertise in digital marketing and business strategy. His dedication to making education affordable and impactful has driven the growth of the Journeyman Study Guide, ensuring that individuals at every stage of their careers have access to quality learning tools.

#### Kris McFarlane:

Kris McFarlane, co-creator of the Journeyman Study Guide, has over two decades of experience in business development, education, and the trades. Based in the Pacific Northwest, Kris has worked with a range of organizations—from agile startups to publicly traded companies—driving business growth and developing successful strategies across industries. His expertise in scaling businesses and creating educational platforms has been key to the guide's reach and effectiveness.

Kris's deep roots in the trades and industrial sector, paired with his extensive experience in business development, give him a unique ability to understand both the practical and strategic needs of companies and individuals. His leadership and ability to mentor others have helped shape the platform, making it a go-to resource for tradespeople seeking career advancement and certification.

Having struggled with traditional education early in life, Kris understands the importance of making learning accessible for everyone. His passion for empowering others, especially those who feel underserved by conventional education systems, is reflected in every aspect of the Journeyman Study Guide. Kris's work is driven by a commitment to helping aspiring tradespeople succeed in their careers through affordable, practical, and accessible learning resources.

#### Work with the Creators

As co-creators of the Journeyman Study Guide, Bobby Bedi and Kris McFarlane draw from extensive experience working with agile startups, publicly traded companies, and education platforms. Their combined expertise has shaped a platform that empowers businesses and individuals alike. To learn more or explore opportunities with the *Unity Crest Solutions team*, visit *UnityCrestSolutions.com*, where they continue to help organizations and people succeed.



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